Camp Hemlocks offers a traditional camping experience for campers as young as eight and there is no aging out, allowing campers to attend into adulthood.

**Unique People. Unique Experience.**
Camp Hemlocks is an accessible camp for youth and adults with physical, sensory, intellectual, and developmental disabilities in the scenic woods of Central Connecticut.

Activities include: swimming in our indoor heated pool, boating and fishing on our 22-acre pond, arts and crafts, nature, archery, health and fitness, and a climbing tower.

Camp Hemlocks programing is individually tailored to the needs of each camper to provide them the most enjoyable and successful camping experience possible.

**The Benefits of Summer Camp**
They extend beyond the exhilarating activities, campfires, and friendship bracelets. Camp is a place to develop confidence. Camp is where social skills flourish. Camp promotes independence. Most importantly, camp is fun! Campers often say that they feel as if they are a part of a family while they are with us.

New activities and customized support encourages campers to try new things and allows even the most seasoned camper an exciting challenge!

**Personalized Attention**
While at Hemlocks, each camper will receive support with one counselor for every three campers.

A nurse is on duty from 7:00 am to 10:00 pm. There is a nurse on call during overnight hours.

**Daily Schedule**
7:30 am  Wake up and get ready for the day
8:30 am  Breakfast
9:30 am  Cabin Chores
10:00 am  Arts and Crafts*
11:00 am  Swimming*
12:30 pm  Lunch
1:30 pm  Rest hour
2:30 pm  Nature*
3:30 pm  Climbing Tower*
4:30 pm  Boating & Fishing*
5:30 pm  Quality time
6:00 pm  Dinner
7:30 pm  Evening activity
8:30 pm  Back to cabins to get ready for bed
10:00 pm  Lights out

*Schedule times and activities are subject to change depending on session themes, weather, etc.
Is Camp Hemlocks A Good Fit For You? Let’s Meet!

To schedule a meeting and camp tour, please contact the Camp Director:
Jillian McCarthy, (860) 228-0393 Ext. 4068 or Jillian.McCarthy@OakHillCT.org.

“I came here and it’s a blessing... It’s filled with love, compassion, adventure. I call Camp Hemlocks not just a place of friendship, I call it family.”

~Jordan

Consider a Gift to Oak Hill!

Every gift Oak Hill receives makes a difference in the lives of people we serve throughout the state of Connecticut. Donors express their gratitude, honor a loved one, or share a part of themselves with others; the outcome of these gifts are extraordinary.

To donate visit: OakHillCT.org or mail your gift to Oak Hill Attn: Development Dept. 120 Holcomb Street, Hartford, CT 06112