recovery support services in the home and community to improve mental health, physical well-being, independence, and community integration for the individuals we serve.

All Gilead programs utilize a consumerdriven recovery-oriented treatment approach. Staff work closely with clients and residents to identify their personal needs, goals, and preferences, always working towards independent community living. Demonstrating our continuous commitment to improving the quality of life for the individuals we serve, all of our programs are CARF accredited.

"Gilead has changed my son's world, and by extension, mine." ~Fran Ludwig

Community Services

Outpatient Clinics. Outpatient counseling and psychiatric treatment for individuals, couples and families are available at Gilead clinics. Clients work to enhance their quality of life and pursue work, educational and personal goals. Clinics are located in Middletown and Chester. Our Farrell Treatment Center, located in New Britain, provides an Intensive Outpatient Program for individuals struggling with addiction who need the structure and support of others when 12 step programs are not enough.

Community Support Program provides rehabilitation services and supports to help individuals achieve and maintain independence. Our services include case management, community support, crisis intervention, group and individual counseling and skill building. CSP is located in Chester.

Social Rehabilitation Centers provide opportunities for adults to live, work and learn together. Members contribute their talents to managing the centers, while therapeutically supporting good mental health. Gilead Social Centers are located in Middletown and Chester.

Assertive Community Treatment Team

offers round-the-clock mental health services for Middlesex County residents. Counseling, psychiatric treatment, and medication monitoring are provided by the ACT clinical team - a psychiatrist, therapist, psychiatric nurses, and case managers.

WISE Program is a nursing home diversion program for individuals living with mental health needs. Clients thrive with the various in-home supports provided enabling them to live safely in their own home.

Mental Health First Aid Training is an 8-hour certification course that enhances trainees' knowledge of mental disorders and common treatments. Trainees learn to assess a situation, intervene and secure appropriate care for the individual.

Resource Center. Finding quality mental health care and navigating a complicated system of mental health services can be overwhelming and discouraging. The Mental Health Resource center aims to increase access to mental health services for the broader community with navigation services, in-home support services, benefits counseling services, family support, and stress reduction programs.



Apartment Services

Supported Apartments foster recovery and independent living for adults living in group homes and apartments. Intensive 24-hour case management and clinical services help adults face new challenges. Apartments are located in Clinton and Middletown.



Supervised Apartment living effectively blends gender-based programming with increased privacy and 24-hour on-site staffing. Skills training and the use of natural supports prepare for the transition to independent living. Apartments are located in Cromwell, Portland and Middletown.

Residential Services

Adolescent Group Home: The group home offers an intensive clinical treatment program for male youth who have complex behavioral health needs. Intensive therapeutic residential services with 24-hour on-site staffing help ease the transition to adulthood. The group home is located in Old Saybrook.

Adult Group Homes: Group homes combine small group living with intensive psychiatric services. Skills training, case management, and nursing consultation are provided with 24-hour on-site staffing. Group homes are located in Middletown and Clinton.

28 Day Addiction Recovery: This 28 day program is for men only. A treatment day includes group and individual counseling. Knowing that addiction affects the family, we encourage families to participate. Our Family Education Group is every Sunday at 12:30 and facilitated by our clinical staff.









contact us

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