

A JOURNEY



MISSION

Oak Hill sets the standard, partnering with people with disabilities, to provide services and solutions promoting independence, education, health and dignity.



Proud affiliates:



LETTER from chair and president

A Letter of Gratitude for Your Support

You are a reflection of our journey...

It is fair to say that 2020 was a year like no other. It was a pivotal moment in time, that will never be forgotten. At the start, we were eager to embark on a journey fueled by optimism. We were hopeful for new beginnings, exciting adventures, and the promise of resolutions. Instead, the journey of 2020, for most, brought sadness, injustice, and confusion.

The unknown of a pandemic was certainly enough to unnerve us all. However, even with its pitfalls, 2020 helped us do something powerful. It allowed us to refocus our journey. It provided moments of pause and reflection. We navigated through uncharted waters, to a place of hope. 2020 reminded us that we are in an unforgettable moment in time, together.

It was 127 years ago, that our founder Emily Wells Foster launched her own personal journey. A journey powered by compassion, empathy, fierceness, and determination. She followed her intuition and believed so deeply in her commitment to the community, that others joined her on her journey; inevitably creating a foundation for the largest provider of disability services in Connecticut: Oak Hill. Today, you are part of her journey, continuing to set the standard and raise the bar for the most vulnerable population.

(Continued on page 2)



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Collectively, your efforts continue to empower the people who need you the most. Amid one of the most unforgettable moments in time, you found a way to open your minds and hearts. Rising above the unknown to celebrate the milestones and moments of joy that still shine through with each passing day. You are part of a community that has remained united to overcome challenges and establish remarkable outcomes.

YOU are a reflection of our successful journey. A journey that will continue because of your investment, bravery, and perseverance. We look forward to a future re-imagined, we look forward to remaining connected. With you. And with one another.

Our hope is that you will use this journal as a tool. A tool that will enable you to set goals and tell your story. Enhancing strengths, reflecting on the past and embracing the future. This tool is our gift of gratitude to you.

Thank you for continuing to blaze a trail for those of us who are here now and those who have yet to come.

We look forward to our voyage together.



David Hadden
Oak Hill Board Chair



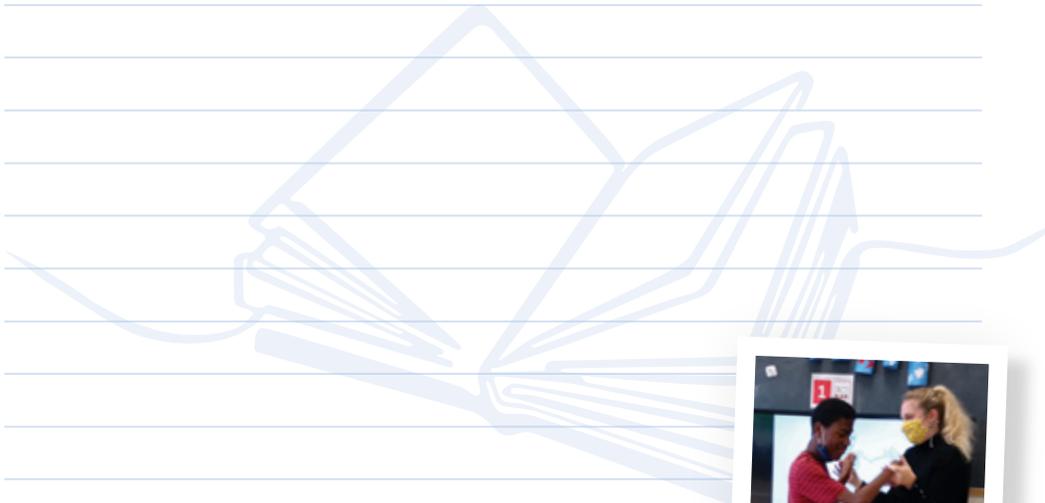
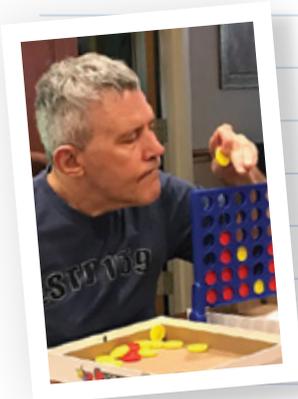
Barry Simon
Oak Hill President & CEO

*Kevin from Oak Hill Windsor Group
Home embracing his personal journey ▶*



BOOKS TO READ. CLASSES TO TAKE.

Never stop learning. Whether you are aiming to improve your health, wealth, or personal achievement, the difference between success or failure lies in the degree of your commitment. Author Jim Rohn said: "Each of us has two distinct choices to make about what we will do with our lives. The first choice we can make is to be less than we have the capacity to be. And the second choice? To do it all! To become all that we can possibly be. To read every book that we possibly can. To give and share as much as we possibly can. To strive and produce and accomplish as much as we possibly can."



"Your success and happiness lies in you. Resolve to keep happy, and your joy and you shall form an invincible host against difficulties." ~Helen Keller

PAY IT FORWARD

Get inspired and inspire others to perform acts of kindness among peers or perfect strangers. Generate ripple effect. From one person to the next, from one community to the one after, from one cause to another. Be a catalyst to inspire growth and change. Share your time, your knowledge, your means.

Family or Neighbor

1. Offer to pick up groceries.

Peers or Friends

1. Call a friend to check in.

Community Involvement

1. How can I give back to missions that matter?



*“Abled does not mean enabled.
Disabled does not mean less abled.”
-Kijarro Nguyen*

MY JOURNEY

Date: _____

GOALS FOR TODAY OR FOR THE WEEK

HABITS I WOULD LIKE TO PRACTICE OR IMPROVE

☆ _____

☆ _____

☆ _____

RITUALS TO WIDEN MY COMFORT ZONE

This week, read a little more, learn a little more, share a little more. Open a recipe book and be adventuresome.

There is power in simple things & ideas. And there is nothing more powerful than continuous successes.

SUCCESS RITUALS

- Affirmations
- Visualization
- Exercise/Stretch
- Do Yoga/Meditate
- Journaling
- Read for Enjoyment
- Connect with Nature
- Organize/Purge
- Plan/Set Goals
- Text Someone
- Write a Letter/Poem
- Have Family Time
- Play
- Make Art/Music
- Forgive/Let Go
- Buy/Pick Flowers
- Do Something for You
- Do Good for Others
- Cook/Eat Healthy
- Take a Tech Break
- Call a Friend/Relative
- Express Gratitude
- Share Something
- Go Somewhere New

PEOPLE I LOVE TO BE SURROUNDED BY AND REASONS WHY:

Oak Hill Impact

Center for Relationships and Sexuality Education (CRSE)

CRSE has a series of seven workbooks that provide detailed sexual health information for adults with intellectual and developmental disabilities. Each workbook has been downloaded over 300 times.

Our materials reach **47** US states and **7** countries (including the US, Australia, Canada, Chile, Ireland, UK, and New Zealand).



“Kindness is a language the blind can see, and the deaf can hear.”
 ~Mark Twain

MY JOURNEY

Date: _____

GOALS FOR TODAY OR FOR THE WEEK

HABITS I WOULD LIKE TO PRACTICE OR IMPROVE

☆ _____

☆ _____

☆ _____

RITUALS TO WIDEN MY COMFORT ZONE

This week, and as often as you can, allow the light to penetrate even when things seem dark. Always aim to be light and hopeful.

There is power in simple things & ideas. And there is nothing more powerful than continuous successes.

SUCCESS RITUALS

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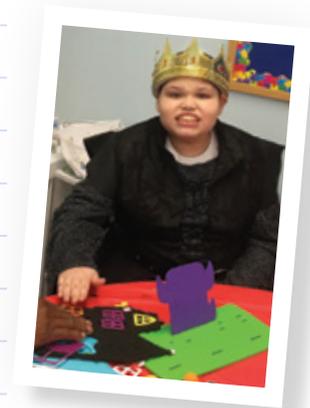
PEOPLE I LOVE TO BE SURROUNDED BY AND REASONS WHY:

Oak Hill Impact

Oak Hill School

85%

of the families were engaged in school based activities this year. This includes progress report meetings, Planning and Placement Team meetings, parent meetings, therapeutic consultations, virtual school plays and concerts, and holiday gatherings.



“A journey of a thousand miles begins with one step.”~Lao Tzu

NOTES

*"I have had this desire my whole life to prove people wrong, to show them I could do things they didn't think I could do."
~ David A. Paterson*





“Being disabled should not mean being disqualified from having access to every aspect of life.” -Emma Thompson



100% of students were provided with the required technology to complete necessary virtual coursework at Oak Hill School.



MY OWN JOURNEY

“Just because a man lacks the use of his eyes doesn’t mean he lacks vision.” ~Stevie Wonder



“People with disabilities not only have to learn how to deal with their physical issues. They also need to cope with some forms of mental illness such as depression because of frustrations over being unable to move as freely as most other people.”
-Dana Albrycht





Fina and Jackie from Oak Hill Community Programs, Residential Program Workers ▶

FINANCIAL HIGHLIGHTS July 1, 2019 – June 30, 2020

The financial results presented below have been excerpted from Oak Hill’s consolidated financial statements for the fiscal year, which ended June 30, 2020. Contributions from generous donors and prudent investing of donations continue to subsidize the services provided by Oak Hill. Without the generous support of current and prior donors, the individuals Oak Hill provides services to would be unable to benefit from the innovative programs that are the hallmark of Oak Hill. Audited financial statements are available to interested parties by contacting Christine Leiby at christine.leiby@oakhillct.org.

Revenues

Group Home Services	\$59,557,505
Adult Day Programs	\$3,571,606
Oak Hill School	\$13,778,009
Behavioral Health Services	\$13,944,465
Easterseals Camp	\$387,824
Oak Hill Centers	\$1,140,475
General Program and Other	\$686,262
Total Revenues	\$93,066,146

Expenses

Group Home Services	\$64,517,970
Adult Day Programs.....	\$4,170,912
Oak Hill School.....	\$13,010,605
Behavioral Health Services	\$13,654,351
Easterseals Camp	\$1,041,485
Oak Hill Centers	\$2,688,576
General Program and Other	\$1,932,421
Total Expenses	\$101,016,320

Operating Deficit \$(7,950,174)

Contributions and Investment Income

Investment Income, Net*	\$3,650,076
Income as Beneficiary of External Trusts	\$2,231,311
Fundraising	\$1,952,301
Addition & Transfer of Companies, Net.....	\$938,055
State Grants for Capital Projects.....	\$199,447

Total Fundraising and Investment Income..... \$8,971,190

Surplus after Fundraising and Investment Income \$1,021,016

* Excludes realized and unrealized capital gains and losses on investments, which the Board of Directors of Oak Hill has directed be added to the investment pool. See "Report of the Oak Hill Foundation Investment Committee" for information on growth and management of the investment pool.

Report of the Oak Hill Foundation

Christopher J. Hanlon, Chairman

- The assets held by the Oak Hill Foundation Fund grew substantially during the calendar year and provided \$4.8 million in support of our mission.
- Despite the impact of the pandemic on global markets, the Fund performed well during the fiscal year, providing returns after fees of 4.22%, outperforming the custom benchmark which returned 2.57%.
- Over time the Foundation has been wise stewards of the capital that donors have entrusted to it, returning 8.3% per year after fees for the last 10 years, more than doubling the assets before distributions.

Thank you for the generous community support.



2021

2022

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